

## Curriculum vitae (CV)

Name : **Ms. Arpita Das**

Designation : Assistant Professor (Stage-I) in Food & Nutrition

Date of Birth : 2<sup>nd</sup> February 1987

Academic Qualification : M.Sc. in Food & Nutrition

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### **Employment History**

Period (Year)	Name of the Post as applicable	Area of specialization/ Subjects	Name of Institute/ University
12/09/11 - 05/04/12	Assistant Teacher (Lien Vacancy)	Nutrition	Athenaeum Institution (H.S.), Kolkata
01/08/12 - 21/12/12	Assistant Mistress (Leave Vacancy)	Nutrition	Multipurpose Govt. Girls' School, Kolkata
03/12/13 - 30/11/16	Assistant Teacher	Nutrition	Keshabpur High School (H.S.), Howrah
01/12/16 - till date	Assistant Professor	Food & Nutrition	Dr. B. N. Dutta Smriti Mahavidyalaya, Burdwan

### **A. Research Experience:**

- 1) Pursuing Ph.D. in the Department Food Technology & Bio-Chemical Engineering, Jadavpur University as a part-time research fellow.

### **B. Teaching Experience:**

- 1) More than 8 years of Undergraduate teaching experience.
- 2) Around 4 years of teaching experience as Assistant Teacher/Mistress in Govt. & Govt. Aided H.S. Schools in West Bengal.

### **C. Publications:**

#### **Book chapters:**

- ❑ “Comparative Estimation of Nitrogen and Phosphorus Content of Selected Vegetables: Spectrophotometry as a Tool” in Emerging Trends in advanced Spectroscopy, Published by River Publishers Series in Optics and Photonics, Denmark, Netherland, ISBN: 978-87-7022-082-8, pp. 81 – 85, 2019.

### **D. Paper presentation at SEMINAR/SYMPOSIUM:**

- **Paper presentation:** “Potential Future Use of Bioactive Peptides in Food Industry: An Overview”, International Conference on Functional Food & Nutraceutical Delivery, Bioequivalence Study Centre, Jadavpur University, Kolkata, W.B., Mar 8 – 9, 2025.
- **Paper presentation:** “Indigenous Treatments for Sports Injuries: An Ethnomedical Approach”, International Seminar on Promotion of Intangible Cultural Heritage of India with special emphasis on Traditional Sports and Games, Dept. of Physical Education, Dr. B. N. Dutta Smriti Mahavidyalaya, Burdwan, W.B., Feb 10 – 11, 2025.
- **Invited Lecture:** “Dietary Guidelines for Indians”, International Lecture Series on Nutrition, Dept. of Nutrition, Gushkara Mahavidyalaya, Burdwan, W.B., July 1 – 14, 2021.
- **Paper presentation:** “Proteomics in Light of Bioinformatics”, Web-based Exposition on Engineering and Technology Research at Jadavpur University, WEBINAR-FET-JU R&D Expo 2021, W.B., Feb 26 - 27, 2021.
- **Paper presentation:** “Spectrophotometric Detection of Nitrogen & Phosphorus Content of Selected Vegetables Collected from Two Farming Fields of West Bengal”, International Conference on Molecular Spectroscopy, Dept. of Nano Science, Mahatma Gandhi University, Kerala, Dec 8 – 10, 2017.
- **Paper presentation:** “Stages of Nutritional Support for Premies: The Rule of 3”, First International Conference on “Nutrition Before, Beyond and During First 1000 Days of Life Evidence & Action”, NIN, Hyderabad, Nov 26 - 28, 2017.
- **Paper presentation:** “Nitrogen and Phosphorus Content in Vegetables of Two Different Lands”, International Science Seminar, Burdwan Raj College and Indian Chemical Society, W.B., Oct 10, 2017.

### **E. Participation in FDP/Workshop:**

- 1) Two Day Workshop on “Promoting Research Excellence in Academics Across W.B”; W.B. State Higher Education Council, 16<sup>th</sup> –17<sup>th</sup> August, 2022.
- 2) UGC-Sponsored Faculty Induction Programme (FIP-IV); UGC-HRDC, Kumaun University, Nainital, 24<sup>th</sup> Feb to 26<sup>th</sup> March, 2021.
- 3) Training & Internship on Genomics & Proteomics; Bose Informatics, Kolkata, Dec 2020 to Jan 2021 (Online).
- 4) Induction/Orientation Programme; TLC Ramanujan College, Delhi, 4<sup>th</sup> June to 1<sup>st</sup> July, 2020 (MOOCs platform)
- 5) Faculty Development Programme on “Open Source Tools for Research”; TLC Ramanujan College, Delhi, 8<sup>th</sup> to 14<sup>th</sup> June, 2020 (MOOCs platform).
- 6) Three Day Online Workshop on “Online Course Design, Development and Delivery”, University of Hyderabad (UGC-HRDC), 11<sup>th</sup> to 13<sup>th</sup> May, 2020.
- 7) ‘One-day Workshop’ on “IPCB-2020”; Dept. of Computer Science & Electronics, R. K. Vidyamandir, Howrah, 19<sup>th</sup> February, 2020.
- 8) Workshop on “Writing Quality Research Article for Publication”; FET, Jadavpur University, 13<sup>th</sup> to 14<sup>th</sup> January, 2020.
- 9) Workshop on “Promotion Under Career Advancement Scheme (CAS)”, IQAC, B. N. Mahavidyalaya, Itachuna, Hooghly, 19<sup>th</sup> July, 2019.
- 10) UGC-Sponsored Refresher Course on Recent Advancement in Food and Bioprocess Technology; UGC-HRDC, Jadavpur University, 2<sup>nd</sup> to 22<sup>nd</sup> January, 2019.

### **F. Seminars/Webinars/Conferences Attended:**

<b>Sl. No.</b>	<b>Title of Seminar/Webinars/etc.</b>	<b>Organized by</b>	<b>Date</b>
1.	2 <sup>nd</sup> International Webinar Series on the occasion of National Nutrition Month, 2021	Dept. of Home Science, CU	1 <sup>st</sup> -7 <sup>th</sup> September, 2021
2.	One Day Webinar on “PERSONALIZE..... Nutrition, The Wave of Future...”.	Dept. of Nutrition & Dietetics, Paramedical College Durgapur	24 <sup>th</sup> July, 2021
3.	Two-Day State Level Seminar on “CAS, WBHS & Other Service Benefits for College Employees”.	Women’s College, Kolkata	8 <sup>th</sup> -9 <sup>th</sup> June, 2021
4.	International Webinar Series, 2020.	Dept. of Home Science, CU	1 <sup>st</sup> -7 <sup>th</sup> September, 2020
5.	National Webinar on “Diet, Immunity & Stress Management in Vulnerable groups under present scenario”.	Dept. Of Nutrition, P. K. College, Contai	17 <sup>th</sup> August, 2020
6.	Two Days National Level Webinar on “Food for Life: Nutrition Strategies to Prevent Diseases”.	IQAC, Hooghly Women’s College, Hooghly	24 <sup>th</sup> -25 <sup>th</sup> July, 2020
7.	Webinar on “CARE WOMEN’S HEALTH FOR A	M. U.C. Women’s College,	22 <sup>nd</sup> July, 2020

	BRIGHTER FUTURE".	Burdwan	
8.	One Day International Webinar on "Strategies to Boost Immunity by Functional Foods to Combat COVID-19.	Dept. of Food Processing, M. G. Mahavidyalaya, Purba Medinipur	15 <sup>th</sup> July,2020
9.	International Webinar on "FOOD & MOOD: Aspects of Healthy Life".	Dept. of Food & Nutrition Maharani Kasiswari College, Kolkata	8 <sup>th</sup> July,2020
10.	Webinar on "COVID-19- A New Challenge, Fall outs, Experiences, Lessons and Future Actions".	HMMC for Women, Kolkata	28 <sup>th</sup> -29 <sup>th</sup> June,2020
11.	One-Day Webinar on 'E-Content Creation & Delivery'.	IQAC, DR. B. N. D. S. Mahavidyalaya, Burdwan	18 <sup>th</sup> June,2020
12.	State Level Webinar on "Nutrition and Health Problem-Post Pandemic Period".	P. C. M. Mahavidyalaya, Kolkata	16 <sup>th</sup> June,2020
13.	One-Day Webinar on "Nutrition & Diet Perspective: COVID 19 Pandemic Scenario".	IQAC, Asansol Girls' College, Asansol	6 <sup>th</sup> June,2020
14.	'One-day Seminar' on "Information Processing in the Paradigm of Computational Biology".	Dept. of Computer Science & Electronics, R. K. Vidyamandir, Howrah	18 <sup>th</sup> February,2020
15.	National Level Seminar on "Non Communicable Disease and Its Perspective: Challenge with Nutraceutical".	M.U.C. Women's College, Burdwan	28 <sup>th</sup> February,2018
16.	One day National Seminar on "Gearing up for Changes: In the accreditation process and implementation of CBCS and CAS".	H. M. M. College for Women, Dakshineswar, Kolkata	29 <sup>th</sup> January, 2018
17.	International Conference, 2 <sup>nd</sup> DAYDEIC 2017	Indian Dietetic Association	3 <sup>rd</sup> September,2017
18.	Symposium on "Optimal Infant and Young Child Feeding Practices:Better Child Health".	IDA (Bengal Chapter)	2 <sup>nd</sup> September,2017
19.	State Level Seminar on "Trends in Surface Science and Related Areas" (TSSRA-2017).	Dept. Of Chemistry, RKMV Centenary College, Rahara	28 <sup>th</sup> July,2017
20.	State Level Seminar on "Community Nutrition & Health: 21 <sup>st</sup> Century Perspective".	Dept. Of Nutrition, MUC Women's College, Burdwan	4 <sup>th</sup> Feb,2017

### **G. Administrative Experience:**

- 1) Serving as Departmental Head since joining.
- 2) Served as Assistant Centre-in-Charge in B.A/B.Sc./B.Com. (Part – III) Examination, 2018; in B.A/B.Sc./B.Com. SEM-I Examination, 2019 and in B.A/B.Sc./B.Com. SEM – I Examination, 2022 of The University of Burdwan held at Dr. B. N. Dutta Smriti Mahavidyalaya, Hatgobindapur, Burdwan.
- 3) Serving as a member of Under Graduate Board of Studies (UG-BoS) in Home Science of University of Gour Banga since Feb 18, 2022.
- 4) Serving as a member of Ad-hoc Board of U.G. Studies in Nutrition of The University of Burdwan since April 24, 2023.
- 5) Serving as UGC NAD-DIGI Locker/ ABC Nodal Officer since 12/08/23.

**H. Other Academic Information:**

- 1) Qualified UGC-NET, June 2012 & Dec 2012 for Lectureship and UGC-NET (JRF) in June 2013.
- 2) Life member of Indian Dietetic Association, Bengal Chapter, Kolkata
- 3) Life member of Nutrition Society of India, Hyderabad, India

AD, 09/03/2025