

RESUME

MD.KAMRUL HASSAN



Career Objective:

To accept any sorts of challenging job commensurate within the area of my studies to successfully fulfill the objectives. I would not leave any stone unturned to shoulder responsibilities which would broaden my knowledge and scope for future development. I am able to work on my own initiative or as a part of a team and be sure to deal with all my duties competently.

Academic Qualification:

- **P.hd** from Visva Bharati University in 2016.
- **M.Phil in Physical Education** from Tamil Nadu Physical Education & Sports University, Chennai in 2008 with 76% marks.
- Passed Master of Physical Education from Visva Bharati University in 2005 with 70% marks.
- Passed B.P.E (*Hons.*) from Visva Bharati University in 2003 with 67% marks and secured “**First Class First**”.
- Passed Higher Secondary Exam. from W.B.C.H.S.E in the year 2000 with 51% marks.
- Passed Secondary Exam. from W.B.B.S.E in the year 1998 with 63% marks in 1st Division.

Awards & Rewards

- Three Time University Scholarship holders **2002, 2003 & 2004** respectively.
- National Academic Scholarship holder in the year 2003.
- Best Paper Presentation of an Inter National Seminar at VIT University.

Working Experience:

- Asstt. Professor In Physical Education at Dr.B.N.Dutta Smriti Mahavidyalaya, Burdwan University.
- Six Years Fulltime Contractual lecturer in Physical Education at Falakata College, Jalpaiguri, West Bengal.
- Guest Lecturer in Physical Education at A.C College (B.P. Ed Section), Jalpaiguri, West Bengal
- Guest lecturer in Physical Education at Rampurhat Collage, West Bengal.

Sports Achievements

- I was captain of the Visva-Bharati Uni. Football team twice in the All India Inter Uni. Football Tournament held respectively at Jodhpur (**Rajasthan 2004**) and Amarabati (**Maharastra 2005**).
- Five time Participated East Zone Inter University Football Tournament. (2000 to 2005)
- I was a member of Visva Bharati Uni. Cricket team in the Inter Uni. Cricket tournament (Men) held at Bhagalpur (2001-02)
- I have Participated Twice in Inter District Athletic Meet.(**Event- 400mt & 800mt**)
- I have Participated Twice in Senior Inter District Football Tournament.
- I have Participated Thrice in Inter District Football Tournament.

Coaching Experience:

- I was selected **Burdwan University Football Coach (2022, 2023 & 2024)**.
- I was selected **North Bengal University Football Coach (2009, 2010 & 2011)**.

- I was the coach of Falakata College Football team (2008 & 2009), (*University Runner Up*).
- I have five year coaching experience at Bolpur Town Club. (Football & Athletic).

Professional Experience

- Member of Ad-hoc Board of U.G Studies in Physical Education of Burdwan University.
- Act as External Examiner of B.A/B.Sc in Physical Education and B.P.Ed Courses.
- Paper Setter of Burdwan University and Gourbanga University for Under Graduate Courses in Physical Education.
- Member of Moderators for B.P.Ed Courses of Burdwan University.
- Member of the Burdwan University football Team Selection Committee.
- Member of the Selection Committee for Guest lecturer in Dr. Gour Mohon College and Purnidevi Chowdhury Girls College.
- Act as Co-Chairperson in a Scientific Session of a National Seminar.

- Invited Lecture at Purnidevi Girls College (2016), Bolpur.

- Act as Chairperson in a Scientific Session of an International Seminar (2017).

- Act as Co-Chairperson in a Scientific Session of a National Seminar (2016).

- Syllabus committee member of University of Burdwan (CBCS & NEP 2020)

- Govt observer of District Sports and Games Championship (2022, 2023 & 2024), DPI Sports, Govt. of West Bengal.

- Act as PhD Supervisor (University of Burdwan)

Administrative Experience

- Convenor of the Admission Committee of Dr.B.N.D.S.M, Hatgobindapur.
- Member of the IQAC of Dr.B.N.D.S.M, Hatgobindapur.
- Organizing Secretary of a National Seminar.
- Secretary of the Alumni Committee, Deptt. Of Physical Education, Visva Bharati.
- Member of the organizing committee of various inter college sports competition.
- Member of Governing Body, Dr.BNDSM, Hatgobindapur
- Member of Purchase Committee of Dr.B.N.D.S.M, Hatgobindapur.

Article Published in National and International Journals:

SL. No	Author(s)			Year of Publication	Name of the Journal	Title of the Paper with Vol. No., Issue No., Page No	ISSN	Peer-Reviewed	Whether in UGC List Y/N	Impact Factor (As per Thomson Reuter's List)
	First/Principal Author	Jt-Author	Corresponding Author							
01	Dr. Md. Kamrul Hassan			2021	Shodh Sarita	Isolated and Combined Effects of Yogic Practices and Walking on Selected Physiological Variables Among School Boys. Vol No: 8, Issue No: 29, Page No: 142-147	2348-2397	Yes	Yes UGC Care List	
02	Dr. Md. Kamrul Hassan			2019	JETIR	Effects of Harness Running, Sand Running, Weight-Jacket Running and Weight Training on the Performance of Speed Among the School Level Soccer Players. Vol No: 6, Issue No: 2, Page No: 650-655	2349-5162	Yes	Yes UGC Approved Journal (Journal No: 63975) Till 2019	7.95
03	Dr. Md. Kamrul Hassan			2018	IJCRT	Effects of Yogic Practices and Combined Physical Exercise and Yogic Practices on Selected Physiological Variables Among College Sports Men. Vol No: 6, Issue No: 2, Page No: 950-958	2320-2882	Yes	Yes UGC Approved Journal (Journal No: 49023) Till 2018	7.97

SL. No	Author(s)			Year of Publication	Name of the Journal	Title of the Paper with Vol. No., Issue No., Page No	ISSN	Peer-Reviewed	Whether in UGC List Y/N	Impact Factor (As per Thomson Reuter's List)
	First/Principal Author	Jt-Author	Corresponding Author							
04	Dr. Md. Kamrul Hassan			2015	International Journal of Current Research	Brain Function Impairment In Football: An Overview Vol No: 7, Issue No: 7, Page No: 18022-18025	0975-833X	Yes	No	7.992
05		Dr. Md. Kamrul Hassan		2015	IRJMSH	Effects of Harness Running, Sand Running, Weight-Jacket Running and Weight Training on the Performance of Muscular Endurance Among The 14-18 Years Male Soccer Players. Vol No: 6, Issue No: 1 Page No: 331-338	2348-9359 (Print)	Yes	Yes UGC Approved Journal (Journal No: 48312)	7.80
06		Dr. Md. Kamrul Hassan		2014	IOSR Journal of Sports & Physical Education	Comparative Study On Self Confidence Among University Level Football, Kho-Kho and Kabaddi Players. Vol No: 1, Issue No: 3 Page No: 16-18	2347-6737 (Print)	Yes	No	2.97

SL. No	Author(s)			Year of Publication	Name of the Journal	Title of the Paper with Vol. No., Issue No., Page No	ISSN	Peer-Reviewed	Whether in UGC List Y/N	Impact Factor (As per Thomson Reuter's List)
	First/Principal Author	Jt-Author	Corresponding							
07		Dr. Md. Kamrul Hassan		2013	International Journal of Physical Education, Health and Sports Sciences	Isolated and Combined Effects of yogic Practices and Walking on Cardiovascular Endurance Among School Boys. Vol No: 2, Issue No: 1 Page No: 16-21	2279-0306	Yes	No	-----
08	Dr. Md. Kamrul Hassan			2024	Indian Journal of Psychology	Neuropsychological Application In Football: An Article Book No: 15, Issue No: 1	0091-5553	Yes	Yes	7.986
09	Dr. Md. Kamrul Hassan			2024	IPE Journal of Management	Comparative Study On Selected Neuropsychological Parameters Among University Level Basketball And Football Players Vol No: 14, Issue No: 17	2249-9040	Yes	Yes	7.138

SL. No	Author(s)			Year of Publication	Name of the Journal	Title of the Paper with Vol. No., Issue No., Page No	ISSN	Peer-Reviewed	Whether in UGC List Y/N	Impact Factor (As per Thomson Reuter's List)
	First/Principal Author	Jt-Author	Corresponding Author							
10	Dr. Md. Kamrul Hassan			2012	International Journal of Health, Physical Education & Computer Science in Sports	Isolated and Combined Effects of yogic Practices and Walking on Flexibility Among School Boys. Vol No: 8, Issue No: 1 Page No: 43-47	2231-3265	Yes	No	-----
11		Dr. Md. Kamrul Hassan		2010	UNMESH	Effects of Yogic Practices and Combined Physical Exercise and Yogic Practices on Selected Psychological Variables Among College Sports Men. Vol No: 6, Issue No: 1 Page No: 43-47	0974-9829	No	No	-----
12	Dr. Md. Kamrul Hassan			2024	Indica Journal	Yogic Practices And Neuropsychology: A Systematic Review. Vol No: 5, Issue No: 10	0019-686X	Yes	Yes	-

List of Seminar, Conference and Workshop

SL NO	Name of the Programme	Organized/Sponsored	Venue	Date
01	International Conference & Exhibition on Sports Technology	VIT University, Vellore And Tamil Nadu Physical Education & Sports University	VIT Vellore, Chennai	26 th -27 th March, 2008
02	International Conference & Exhibition on Modern Trends in Exercise Physiology & Nutrition	Tamil Nadu Physical Education & Sports University, Chennai	Jawaharlal Nehru Stadium, Chennai	15 th -16 th February, 2008
03	International Conference on Fitness, Wellness & Sport Sciences	Deptt. Of Health Sciences & Fitness, Lakshmibai National Institute of Physical Education.	LNIPE, Gwalior	20 th – 22 nd November, 2016
04	International Seminar on Different Perspectives of Education in Modern Society.	JRSET College of Education, Chakda, Nadia	JRSET College of Education, Chakda, Nadia	21 st & 22 nd February, 2015
05	International Conference on Modern Trends in Social & Basic Sciences (MTSBS-2015)	Alipurduar College, Jalpaiguri, West Bengal	Alipurduar College, Jalpaiguri, West Bengal	27 th & 28 th March, 2015
06	National Conference on Trends & Practices in Physical Education	Deptt. Of Physical Education, Visva Bharati University	Visva Bharati	29 th -30 th January, 2010
07	National Seminar on Fitness, Yoga, Rehabilitation (Latest Innovations in Fitness, Yoga Rehabilitation in the Modern Era)	Deptt. Of Health Sciences & Fitness, Lakshmibai National University of Physical Education.	LNUPE, Gwalior	18 th -20 th February, 2013
08	24 th National Conference of Sports Psychology on Sports and Exercise Psychology: Career Development and Psychological Aspects of Youth Sports	Deptt. Of Physical Education, Visva Bharati University	Visva Bharati	4 th -6 th January, 2014
09	1 st National Conference of Clinical and Experimental Neuropsychology	Department of Physiology, JIPMER, Puducherry	JIPMER, Puducherry	15 th & 16 th Dec 2014
				21 st July

10	National Seminar on Multidimensional Futuristic Approach to Excellence in Physical Education and Sports	TNPESU & Sports Development Authority of Tamil Nadu, Chennai	Jawaharlal Nehru Stadium, Chennai	2007
11	National Conference on Traditional Sports in Tamil Nadu and Human Development	TNPESU	Jawaharlal Nehru Stadium, Chennai	03 rd Nov 2007
09	SPORTS MEDCON 2005	West Bengal Association of Sports Medicine And Indian Science Congress Association	Indian Science Congress Association hall, Kolkata	15 th & 16 th January 2005
10	National Seminar on Quality Assurance in Health, Fitness and Wellness	Nikhil Banga Sikshan Mahavidyalaya	Nikhil Banga Sikshan Mahavidyalaya Bishnupur	20 th & 21 st January 2016
11	National Conference on New Horizons of Physical Education and Exercise Science, in the 21 st Century	Dppt. Of Physical Education, University of Burdwan	University of Burdwan	20 th & 21 st September 2016
12.	National Seminar on Nutrition and Wellness	The Physical Education Unit, Palli Siksha Bhavana (Institute of Agriculture) Visva Bharati	Palli Siksha Bhavana (Institute of Agriculture) Visva Bharati	7 th & 8 th November 2016
13	National Seminar on Issues And Challenges In Physical Education And Sports Sciences.	Deptt. Of Physical Education, & Alumni Committee Visva Bharati University	Deptt. Of Physical Education, Visva Bharati	25 th & 26 th June 2016
14	International Congress on Global Innovation and Research Education, Sports Science and Yoga	Deptt. Of Physical Education Mahisadal Girls College Purba Medinipur	Deptt. Of Physical Education Mahisadal Girls College Purba Medinipur	10 th & 11 th December 2017
15	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development	Deptt. Of Physical Education Seva Bharati Mahavidyalaya Kapgari, Jhargram	Deptt. Of Physical Education Seva Bharati Mahavidyalaya Kapgari, Jhargram	9 th December 2017
16	1 st WBCIPE National Seminar on Latest Trends and Challenges for Physical Education and Sports	Govt. College of Physical Education for Women Dinhata & WBCIPE	Govt. College of Physical Education for Women, Dinhata	9 th & 10 th March 2017
17	One Day National Seminar on “Scientific Approach and Technical Analysis for the Development of Soccer”	Midnapore College (Autonomous)	Vivekananda Hall, Mednapore College	11 th June 2017

18	National Level Seminar and 17 th Annual Conference of Bharata Vidya Charcha Kendra on History, Heritage and Religion : Problem and Perspectives	Bharata Vidya Charcha Kendra, Bardhaman	Dr. B.N. Dutta Smriti Mahavidyalaya	16 th Feb 2021
19	National Seminar On Promotion of Indigenous Games: Issues and Challenges with Special Reference to Tripura	Department of Physical Education, Michael Madhusudan College, Sabroom, South Tripura In Collaboration with Tribal Research and Cultural Institute, Govt. of Tripura, India	Department of Physical Education, Michael Madhusudan College, Sabroom, South Tripura	7 th and 8 th Nov 2019
20	National Seminar On Holistic Education: Harmonizing the Body , Mind and Sprit	Deptt. Of Physical Education, & Deptt. Of Yogic Art & Science, Vinaya Bhavana Visva Bharati University	Deptt. Of Physical Education, Visva Bharati University	17 th and 18 th Feb 2020
21	International Conference On Challenges and Opportunities of Physical Education and sports Science in the Next Normal As a part of Mahishadal Sports Festival	Mahishadal Swimming Club In Collaboration with PEFI, International Association of Physical Education, Netaji Open University, Nikhil Banga Sikshan Mahavidyalaya	Mahishadal Swimming Club	29 th and 30 th March 2022
22	7 Days National Level Workshop on Basic of Group Aerobic Dance Fitness	Deptt. Of Physical Education, Visva Bharati University	Visva Bharati	15 th to 21 st September 2014
23	National Workshop on Sports Psychometry (7 Days)	Deptt. Of Sports Psychology, Lakshmibai National University of Physical Education.	LNUPE, Gwalior	11 th – 17 th March, 2013
24	A Workshop on “ Development of Cricket in Educational Institutions”	Visva Bharati & The Cricket Association of Bengal	Visva Bharati	27 th & 28 th June 2016
25	Workshop on Data Analysis By Using SPSS	Deptt. Of Physical Education, Visva Bharati University	Visva Bharati University	4 th & 5 th February 2017
26	National Workshop on Lifestyle Management Techniques	Deptt. Of Physical Education Visva Bharati	Deptt. Of Physical Education Visva Bharati	25 th to 28 th August 2017

Article Published in (Proceedings) National Seminar

SL NO	Title of The Paper	Name of the Seminar	Venue	Page No	ISBN	Month & Year of Publication	Website
01	Isolated and Combined Effects of yogic Practices and Walking on Leg Explosive Power Among School Boys	National Seminar on Fitness & Wellness	LNIPE, Gwalior	35 to 40	978-81-7879-801-1	February/ 2014	www.lnipe.gov.in
02	Comparative Analysis of Selected Physical Components Among Govt., Residential & Non Residential School Boys	National Seminar on Fitness, Yoga & Rehabilitation	LNIPE, Gwalior	9 to 13	978-81-89983-65-9	February/ 2013	www.lnipe.gov.in
03	Status of Cardiovascular Endurance of Different Religious believes in India- A Comparative Study	National Seminar on Fitness, Yoga & Rehabilitation	LNIPE, Gwalior	79 to 81	978-81-89983-65-9	February/ 2013	www.lnipe.gov.in
04	Fitness And Wellness Challenges For Mankind	National Seminar on Nutrition And Wellness	PSB, Visva Bharati.	209 to 213	978 - 81- 88904 - 88 - 4	November 2016	www.visvabharati.ac.in

Article Published in (Proceedings) International Seminar

SL NO	Title of The Paper	Name of the Seminar	Venue	Page No	ISBN	Month & Year of Publication	Website
01	Assessment of Sport Goal Orientation of University Level Athletes	JERP	JRSET College of Education, NADIA, WEST BENGAL	146	978 - 93 - 84472 - 08 -5	April 2015	www.irsed.college.com

Personal Details:

- Date of Birth: 16.12.1981
- Languages Known: English, Hindi & Bengali.
- Hobbies: Listening Music, watching football match & Gardening.

Contact Details:

- Address: Md. Kamrul Hassan, Bolpur Indirapally, PO: Bolpur, Dist: Birbhum.
West Bengal, Pin- 731204
- Contact No: , 9126406409 & 7908470352
- E-mail: hssnkmrl@yahoo.com,

Referee:

1. Dr. Samiran. Mondal
Professor,
Deptt. Of Physical Education
Visva-Bharati University
(Ph. No: 09434220938)

2. Dr. Sumanta Kr. Mondal
Professor,
Deptt. Of Physical Education
Visva-Bharati University
(Ph. No: 09475242056)

Place: Burdwan
Date: 15.10.2024

Md. Kamrul Hassan

Signature